

THE POSITIVE DICTIONARY

**ONLY WORDS WITH POSITIVE
MESSAGES**

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A

Abide: Abide by the values of honesty, decency, and trust.

- ❖ *To abide is to steer the course you have set for yourself.*

Ability: Develop your ability to think positively.

- ❖ *Ability empowers you to do the things you want to do.*

Able: Be able to do what you have set out to do.

- ❖ *To be able requires necessary knowledge and skills.*

Abolish: Abolish negativity and embrace the positive.

- ❖ *To abolish negativity requires will and determination.*

Aboveboard: Always plan and act aboveboard.

- ❖ *To be aboveboard and open is to be honest in all respects.*

Abreast: Keep abreast of the latest developments in your field.

❖ *Keeping abreast keeps you in the forefront.*

Absolute: Be in absolute control of your thoughts.

❖ *To maintain absolute control requires willpower and focus.*

Absolve: Absolve a person who has truly expressed regret.

❖ *Absolution clears the air and restores relationship.*

Absorb: Absorb knowledge about your field in order to perform your best.

❖ *To absorb knowledge is to build up a resource for practical use.*

Abstain: Abstain from everything that is detrimental to your wellbeing.

❖ *To abstain is to protect yourself from negative consequences.*

Accede: Accede when doing so will contribute to something good.

❖ *To accede is to recognize the merit of a request.*

Accept: Accept that success requires effort.

❖ *Acceptance clears the way for action.*

Accessible: Be accessible to people who need your advice or assistance.

❖ *Accessibility is an open door.*

Accommodate: Accommodate the diversity of people.

❖ *To accommodate is to accept the differences in people.*

Accord: Be in accord with views that conform to your values.

❖ *Accordance is an agreement to abide by certain principles.*

Accumulate: Accumulate books to read.

❖ *An accumulation of books becomes a library for reference.*

Accurate: Be accurate with the facts that you provide.

❖ *To be accurate is to do things right.*